

CURRICULUM VITAE

Prof Vasilis A. Constantinides

**BSc (Hons), M.B B.S (London), MD (London), FRCS (Endocrine & General
Surgery), CCT (UK)**

Endocrine and General Surgeon

November 2023

Summary of career so far

- Trained in general surgery in the London North West Thames rotation and in Endocrine surgery at Hammersmith hospital / Imperial College.
- Research in all fields of general surgery, with a period of dedicated research at St Mary's Hospital culminating in a Doctorate in Medicine from University of London.
- Over 50 peer reviewed international publications and book chapters and 30 presentations related to all aspects of general surgery, with emphasis in endocrine surgery over the last 10 years.
- Specialist Registrar and Fellow at the Department of Endocrine Surgery based at Hammersmith hospital, London. This is the largest Endocrine surgery unit and one of the pre-eminent units in the UK.
- Specialist interest in all aspects of endocrine surgery including tertiary referral, minimal access and re-operative cases with over 1800 endocrine procedures performed in the last 6 years. Additional expertise in functional neck dissections and lymphadenectomy for metastatic thyroid and adrenal cancer respectively.
- Appointed Clinical Professor of Surgery at the University of Nicosia Medical School. Member of the teaching faculty and examination board of the Medical School.

Endocrine Surgical Experience

I have had a unique grounding in Endocrine Surgery, having had the opportunity to work in the largest endocrine surgery centre in the UK at the Hammersmith hospital:

- The first Endocrine Surgery unit in the UK, where the foundation of the specialty was originally laid, with surgeons throughout the world visiting to specialize.
- The largest in operative volume in the UK under the supervision of Prof Fausto Palazzo, an eminent Endocrine Surgeon and a pioneer in the UK of minimal access endocrine surgery.

I have performed, supervised a trainee or assisted in excess of 2500 Endocrine Surgical procedures (November 2023). These include:

- Over **2000** thyroidectomies including minimally invasive and re-operative cases, neck dissections for thyroid cancer, surgery for locally advanced thyroid cancer, median sternotomy for retrosternal goitres and thyroidectomy for MEN syndromes.
- Over **650** parathyroidectomies including minimally invasive parathyroidectomy, re-operative parathyroidectomy for persistent / recurrent disease and surgery for MEN 1 & 2.
- Over **100** adrenalectomies including minimally invasive (laparoscopic and retroperitoneoscopic) and open adrenalectomies for adrenal cancer.

Personal details:

Name: **Vasilis A. CONSTANTINIDES**
Address: Melinas Merkouri 3, 2054, Strovolos, Nicosia, Cyprus
Telephone Number / E-mail: +357 22410120 Email: vconstantinides@evangelistria.eu
Date of Birth: 1st, January, 1977

Education:

2005 – 2009 Department of Surgical Oncology and Technology, St Mary's Hospital, London
1997 – 2003 The University College of London Medical School, London
1995 – 1997 National Guard Service: Second Lieutenant – infantry
1988- 1995 “The English School”, Secondary School, Nicosia, Cyprus.

Professional Qualifications:

CCT (UK) - September 2014
FRCS in General Surgery – February 2013
(Nominated subspecialty interest: **Endocrine Surgery**)
Doctorate in Medicine (MD) – March 2009
C.C.B.S.T. – Royal College of Surgeons of England, January 2008
MRCS - London, November 2007
M.B. B. S. University College of London, July 2003.
BSc (Hons) in Physiology University College of London, Upper Second Class Honours, 2000.

Academic Distinctions and Awards:

- **1st prize for poster presentation**, 6th London Surgical Symposium, September 2012.
- **Twice nominated for teaching excellence award**, Imperial College, March 2010/March 2011.
- **Award for outstanding commitment**, Chelsea and Westminster Hospital, March 2009.
- **Amulree Prize** for best literature based research project, UCLMS, 2003.
- **Certificate of Merit** for best performance in BMS II Pathophysiology, UCLMS, 1999.

Higher Surgical Training and Current appointments:

- **Medical Director and Shareholder** June 2021 - present
Evangelistria Medical Centre, Nicosia, Cyprus

- **Clinical Professor of Surgery** July 2022 - present
University of Nicosia Medical School, Cyprus

- **Consultant Endocrine Surgeon** October 2014 - present
Private Practice, Cyprus

- **Clinical Associate Professor** 2017 – July 2022
St. George's Medical School at the University of Nicosia

- **Senior Specialist Registrar, Endocrine Surgery** October 2013 – October 2014
Hammersmith hospital, London
Prof Fausto Palazzo / Prof Neil Tolley

- **Specialist Registrar, Endocrine Surgery** October 2012 – October 2013
Hammersmith hospital, London
Prof Fausto Palazzo / Prof Neil Tolley

- **Specialist Registrar, Endocrine Surgery** October 2011 – October 2012
Hammersmith hospital, London
Prof Fausto Palazzo / Prof Neil Tolley

- **Specialist Registrar, Hepatopancreatobiliary Surgery** April 2011 – October 2011
Hammersmith hospital, London
Mr Duncan Spalding / Prof Nagy Habib / Mr Long Jiao

- **Academic Clinical Fellow (SpR), Breast and Endocrine Surgery** October 2010 – April 2011
Hillingdon hospital, London
Mr Ekambaram Dinakara Babu / Mr Chris Kelley

- **Academic Clinical Fellow (SpR), GI Surgery** October 2009 – October 2010
Hillingdon hospital, London
Mr Simon Harris / Mr Yasser Mohsen

- **Academic Clinical Fellow (SpR), Emergency and Colorectal surgery** February 2009 – October 2009
Chelsea and Westminster Hospital/Imperial College, London

Mr Harry Schneider / Mr Paris Tekkis

- **Academic Clinical Fellow (SpR), Laparoscopic and Vascular Surgery** October 2008 –February 2009
Chelsea and Westminster Hospital/Imperial College, London
Mr David Nott / Mr Mike Jenkins / Mr Richard Gibbs / Mr Paris Tekkis
- **Senior Clinical Fellow (SpR level), General Surgery** May 2008 – September 2008
Wexham Park Hospital, Slough
Mr Andrew Gordon / Mr Anil Desai

Basic Surgical Training:

- **Senior House Officer, General Surgery/Urology** August 2007-May 2008
Wexham Park Hospital, Slough
Mr Jonathan Gilbert/Mr Mark Laniado
- **Senior House Officer, General Surgery** May 2007 – August 2007
St Mary's Hospital, London
Mr Paris Tekkis
- **Senior House Officer, General Surgery** August 2006-May 2007
Wexham Park Hospital, Slough
Mr Andrew Gordon and Mr Anil Desai
- **Senior House Officer, Orthopaedics and Trauma** February 2006-August 2006
St Mary's Hospital, London
Mr Roger Emery
- **Senior House Officer, Accident and Emergency** August 2004 – February 2005
University College Hospitals, London.
Mr Manolis Gavalas
- **House Officer in Medicine, General Surgery, O & G** August 2003-August 2004
Whittington Hospital, London
Dr Robin Vicary / Mr Alan Wilson / Miss Amma Kyeih-Mensah

Research and publications

MD thesis

Title: The choice of operative strategy for complicated diverticular disease and diverticular peritonitis – comparison of primary resection with anastomosis with Hartmann’s procedure.

St Mary’s Hospital, London

February 2005 – February 2009

Supervisor: Mr Paris Tekkis / Prof Lord Ara Darzi

Thesis accepted as submitted with no corrections.

Reports and book chapters

1. I Christakis, VA Constantinides, G Garas, J Joseph, N Tolley, F Palazzo. Minimally Invasive Endocrine Surgery. In: Minimally Invasive Surgery: Evolution of Operative Techniques, Ed. Frederick T. Hawthorne, Nova Biomedical Publishers, January 2014.
2. VA Constantinides, FF Palazzo. Goitre and thyroid cancer. In: Medicine, Mark Gurnell and Krish Chatterjee, Medicine Publishing, Elsevier Health Sciences, Volume **41:9**, September 2013.
3. VA Constantinides, F Palazzo. The management of Conn’s syndrome. In: Tips and Tricks in Endocrine Surgery, Ed. John Watkinson and David Scott-Coombes, Springer Publishing, September 2013.
4. HS Tilney, VAConstantinides, AG Heriot, JD Stamatakis, PP Tekkis. National audit of bowel cancer. In: The Effective Management of Colorectal Cancer, Ed. A Miles, Publisher: Aesclepius Medical Press, 2006.
5. PP Tekkis, JJ Smith, VA Constantinides, MR Thompson, JD Stamatakis. ACPGBI Report of the National Bowel Cancer Audit Project. Knowing your results, The Association of Coloproctology of Great Britain and Ireland, June 2005.

Published/accepted (in-press) peer-reviewed articles:

1. Parpounas C, Constantinides V. Advances in Molecular Profiling and Their Potential Influence on the Extent of Surgery in Well-Differentiated Thyroid Carcinoma. *Life (Basel)*. 2023; Jun 13;**13**(6):1382; doi: 10.3390/life13061382.
2. Chatzidakis S, Lamniscos D, Constantinides V, Kyriacou A, Economides A, Economides PA. Impact of autoimmune thyroiditis on primary hyperparathyroidism. JMS [Internet]. 2023 Mar. 31[cited2023Sep.6];92(1):e73.Availablefrom:<https://jms.ump.edu.pl/index.php/JMS/article/view>

3. Parpounas C, Lyssiatis T, Constantinides V. Triple water clear cell parathyroid adenomas: a rare cause of primary hyperparathyroidism. *BMJ Case Reports* 2022 Apr 12; **15**(4):e246873. doi: 10.1136/bcr-2021-246873.
4. Parpounas C, Yiallourides M, Constantinides V. Sympathetic Inferior Laryngeal Anastomosing Branch: Our Two-Year Experience. *Journal of Endocrine Surgery*. 2021; **21**(4):79 – 85. doi.org/10.16956/jes.2021.21.4.79
5. Ioakim S, Constantinides V, Toumba M, Lyssiatis T, Kyriacou A. Microcalcifications without a thyroid nodule as the sole sign of papillary thyroid carcinoma. *Endocrinology, Diabetes and Metabolism Case Reports*. 2021; ID: 21-0072; September 2021 DOI: 10.1530/EDM-21-0072.
6. Fadel M, Malietzis G, Constantinides V, Pellino G, Tekkis P, Kontovounisios C. Clinicopathological factors and survival outcomes of signet-ring cell and mucinous carcinoma versus adenocarcinoma of the colon and rectum: a systematic review and meta-analysis. *Discover Oncology*. 2021; **12**(5); <https://doi.org/10.1007/s12672-021-00398-6>
7. Papaioannou C, Lamnisis D, Kyriacou K, Lyssiatis T, Constantinides V, Frangos S, Economides A, Economides PA. Lymph Node Metastasis and Extrathyroidal Extension in Papillary Thyroid Microcarcinoma in Cyprus: Suspicious subcentimeter Nodules Should Undergo FNA When Multifocality Is Suspected. *Journal of Thyroid Research*. 2020 March 24; 2020:3567658. <https://doi.org/10.1155/2020/3567658>. eCollection 2020.PMID: 32351678
8. Mizamtsidi M, Nastos K, Palazzo FF, Constantinides V, Dina R *et al*. Association Between hsa-miR-30e Polymorphisms and Sporadic Primary Hyperparathyroidism Risk. *In Vivo*. 2019; **33**:1263-1269.
9. Nastos K, Constantinides V, Mizamtsidi M, Duncan N, Tolley N, Palazzo F. Morbidity in parathyroid surgery for renal disease is under reported: a comparison of outcomes with primary hyperparathyroidism. *Annals of the Royal College of Surgeons of England*. 2018; **100**(6):436-442.
10. LaVoie M, Constantinides V, Robin N, Kyriacou A. Florid hyperandrogenism due to a benign adrenocortical adenoma. *BMJ Case Reports* 2018; July 30.

11. DiMarco A, Christakis I, Constantinides V, Regan L, Palazzo FF. Undiagnosed Primary Hyperparathyroidism and Recurrent Miscarriage: The First Prospective Pilot Study. *World Journal of Surgery*. 2018;**42**(3):639-645.
12. Gurrado A1, Bellantone R, Cavallaro G, Citton M, Constantinides V, Conzo G, Di Meo G, Docimo G, Franco IF, Iacobone M, Lombardi CP, Materazzi G, Minuto M, Palazzo F, Pasculli A, Raffaelli M, Sebag F, Tolone S, Miccoli P, Testini M. Can Total Thyroidectomy Be Safely Performed by Residents?: A Comparative Retrospective Multicenter Study. *Medicine (Baltimore)*, 2016; **95**(14): 1-8.
13. CJ McIntyre, J Allen, VA Constantinides, JE Jackson, NS Tolley, FF Palazzo. Patterns of disease in patients at a tertiary referral centre requiring reoperative parathyroidectomy. *Annals of the Royal College of Surgeons of England*, 2015; **97**(8): 598-602.
14. I Christakis, P Georgiou, J Minnion, VA Constantinides, T Tan, FF Palazzo, SB Bloom. The learning curve for the catheterisation of the external jugular and the femoral vein in rats in obesity-related research. *Journal of Surgical Research*, 2015; **193**(1): 69-76
15. JL Stevens, VA Constantinides, J Todd, K Meeran, I Christakis, NS Tolley, FF Palazzo. Do Flow-Volume loops alter surgical management in patients with a goitre. *Clinical Endocrinology*, 2014; **81**(6): 916-920.
16. VA Constantinides, I Christakis, P Touska, K Meeran, F Palazzo. Retroperitoneoscopic or laparoscopic adrenalectomy? A single-centre UK experience. *Surgical Endoscopy*, 2013; **27**(11): 4147-4152.
17. VA Constantinides, I Christakis, P Touska, FF Palazzo. Systematic review and meta-analysis of retroperitoneoscopic vs laparoscopic adrenalectomy. *British Journal of Surgery*, 2012; **99**(12): 1639-1648.
18. Christakis I, VA Constantinides, Tolley NS, Palazzo FF. Parathyroid Autotransplantation during Thyroid Surgery. *World J Endoc Surg* 2012; **4**(3):115-117.
19. Georgiou PA, Tekkis PP, VA Constantinides, Patel U, Goldin RD, Darzi AW, Nicholls RJ, Brown G. Diagnostic accuracy and value of MRI in planning exenterative pelvic surgery for advanced colorectal cancer. *European Journal of Cancer*, 2012; **49**(1): 72-81.

20. Zarzavadjian Le Bian A, Costi R, VA Constantinides, Smadja C. Metabolic Disorders, non-alcoholic fatty liver disease and major liver resection: An underestimated perioperative risk. *Journal of Gastrointestinal Surgery*, 2012; **16**(12): 2247-2255.
21. P Touska, VA Constantinides, FF Palazzo. A rare complication: Lymphocele following a re-operative right thyroid lobectomy for multinodular goitre. *BMJ Case Reports*, May 2012.
22. VA Constantinides, Hariharan D, Kocher HM, Tekkis PP. The role of laparoscopy and laparoscopic ultrasound in the pre-operative staging of resectable colorectal liver metastases – a meta-analysis. *American Journal of Surgery*, 2012, **204**(1): 84-92.
23. VA Constantinides, Hariharan D, Froeling FEM, Tekkis PP, Kocher HM. The role of laparoscopy and laparoscopic ultrasound in the pre-operative staging of pancreato-biliary cancers – a meta-analysis. *European Journal of Surgical Oncology*, 2010; **36**(10): 941-948.
24. AG Heriot, PP Tekkis, VA Constantinides, P Paraskevas, RJ Nicholls, A Darzi, VW Fazio. Meta-analysis of colonic reservoirs versus straight coloanal anastomosis after anterior resection. *British Journal of Surgery*. 2006; **93**(1): 19-32.
25. O Aziz, VA Constantinides, PP Tekkis, T Athanasiou, S Purkayastha, P Paraskeva, A Darzi, AG Heriot. Laparoscopic versus open surgery for rectal cancer – a meta-analysis. *Annals of Surgical Oncology*. 2006; **13**(3): 413-424.
26. HN Aydin, PP Tekkis, F Remzi, VA Constantinides, VW Fazio. Evaluating the risk for a non-restorative resection for the treatment of diverticular disease – The Cleveland Clinic Diverticular Disease Propensity Score, *Diseases of the Colon and Rectum*, 2006; **49**(5):629-39
27. HS Tilney, VA Constantinides, AS Ioannides, PP Tekkis, AW Darzi, MJ Haddad. Ileal Pouch-Anal Anastomosis Versus Straight Ileoanal Anastomosis in Paediatric Patients: A Meta-analysis. *J Pediatric Surgery*, 2005; **41**(11): 1799-1808.
28. S Purkayastha, VA Constantinides, PP Tekkis, T Athanasiou, O Aziz, H Tilney, AW Darzi, AG Heriot. Laparoscopic vs. Open Surgery for Diverticular Disease. *Diseases of the Colon and Rectum*. 2006; **49**(4): 446-463.
29. VA Constantinides, HN Aydin, PP Tekkis, VW Fazio, AG Heriot, FH Remzi. Long-term Health Related quality of life comparison in patients undergoing single versus staged resection for

- complicated diverticular disease. *Colorectal Disease*, 2006; **8**(8): 663-71.
30. VA Constantinides, PP Tekkis, T Athanasiou, O Aziz, S Purkayastha, FH Remzi, VW Fazio, HN Aydin, A Darzi, A Senapati. Primary resection with anastomosis versus Hartmann's procedure in non-elective surgery for acute colonic diverticulitis: a systematic review. *Diseases of the Colon and Rectum*, 2006; **49**(7): 966-81.
 31. VA Constantinides, PP Tekkis, AW Darzi, A Senapati. Comparison of POSSUM scoring systems and the Surgical Risk Scale in patients undergoing surgery for complicated diverticular disease. *Diseases of the Colon and Rectum*, 2006; **49**(9): 1322-31.
 32. RE Lovegrove, VA Constantinides, AG Heriot, T Athanasiou, AW Darzi, RJ Nicholls, VW Fazio, PP Tekkis. A comparison of handsewn versus stapled ileal pouch anal anastomosis (IPAA) following proctocolectomy. *Annals of Surgery*, 2006; **244**(1): 18-26.
 33. C Kokkinos, T Athanasiou, C Rao, VA Constantinides, C Poullis, A Smith, M Ridgway, PP Tekkis, A Darzi. Does re-operation have an effect on outcome following heart transplantation? *Heart, Lung & Circulation*, 2007; **16**(2):93-102.
 34. VA Constantinides, PP Tekkis, A Senapati. Prospective multicentre evaluation of adverse outcomes following treatment for complicated diverticular disease. *British Journal of Surgery*, 2007; **93**(12): 1503-13.
 35. VA Constantinides, PP Tekkis, AG Heriot, FH Remzi, A Darzi, A Senapati. Operative strategies for diverticular peritonitis - a decision analysis between primary resection with anastomosis and Hartmann's procedure. *Annals of Surgery*, 2007; **245**(1): 94-103.
 36. VA Constantinides, T Athanasiou, A Fazil, K Kaur, PP Tekkis, R Leonard, M Platt, R Casula, R Stanbridge, A Darzi. "Fast-track" failure after cardiac surgery: development of a prediction model. *Critical Care Medicine*, 2006; **34**(12): 2875-2882.
 37. GE Reese, VA Constantinides, C Simillis, AW Darzi, T Orchard, PP Tekkis. Diagnostic precision of anti-*saccharomyces cerevisiae* antibodies and perinuclear anti-neutrophil cytoplasmic antibodies in inflammatory bowel disease, *American Journal of Gastroenterology*, 2006; **101**(10): 2410-22.
 38. HS Tilney, RE Lovegrove, AG Heriot, S Purkayastha, VA Constantinides, RJ Nicholls, PP

- Tekkiş. Comparison of short-term outcomes of laparoscopic versus open approaches to ileal pouch surgery, *International Journal of Colorectal Disease*, 2007; **22**(5): 531-42.
39. HS Tilney, VA Constantinides, M Nicolaou, S Al-Hamood, AG Heriot, AW Darzi, PP Tekkiş. Comparison of laparoscopic versus open ileocaecal resection for Crohn's Disease – a meta-analysis. Submitted to *Surgical Endoscopy*, 2006; **20**(7): 1036-44.
 40. C Simillis, VA Constantinides, A Darzi, L Jiao, RE Lovegrove, AG Heriot, PP Tekkiş, A Antoniou. Laparoscopic versus open hepatic resections for benign and malignant tumours: a meta-analysis. *Surgery*, 2007; **141**(2): 203-11.
 41. S Purkayastha, T Athanasiou, PP Tekkiş, VA Constantinides, W Gedroyc, J Teare, A Darzi. Magnetic Resonance Colonography versus Computed Tomography Colonography for the diagnosis of rectal cancer: an indirect comparison. *Colorectal Disease* 2007; **9**(2): 100-11.
 42. CM Jones, T Athanasiou, N Dunne, O Aziz, A Haq, C Rao, VA Constantinides, S Purkayastha, A Darzi. Multidetector computer tomography in coronary artery bypass graft assessment: a meta-analysis. *Annals of Thoracic Surgery* 2007; **83**(1): 341-8.
 43. von Roon AC, Reese G, Teare J, Constantinides VA, Darzi AW, Tekkiş PP. The risk of cancer in patients with Crohn's disease. *Diseases of the colon and rectum* 2007; **50**(6): 839-55.
 44. Lovegrove RE, Constantinides VA, Tilney HS, Darzi AW, Fazio VW, Nicholls RJ, Tekkiş PP. Meta-analysis of short-term and long-term outcomes of J, W and S ileal reservoirs for restorative proctocolectomy. *Colorectal Disease* 2007; **9**(4): 310-20.
 45. Tilney HS, Tekkiş PP, Constantinides VA. Factors affecting circumferential resection margin involvement after rectal cancer excision. *Diseases of the Colon and Rectum* 2007; **50**(1): 29-36.
 46. Constantinides VA, Cheetham D, Nicholls RJ, Tekkiş PP. Is rectal washout effective for preventing localized recurrence after anterior resection for rectal cancer? *Diseases of the Colon and rectum*. 2008; **51**(9): 1339-44.

Presentations

Oral presentations

1. Endocrine Society Cyprus Thyroid Diseases Conference, Limassol, 14th October, 2023. 21st century thyroid cancer surgery. Genetics in action. VA Constantinides.
2. 17th PanHellenic Conference of the Greek Association of Endocrine Surgeons, Thessaloniki, 19-21st November 2021. Round table: Extent of surgery for well differentiated thyroid cancer. VA Constantinides.
3. 14th PanHellenic Congress of Nuclear Medicine, Heraklion, Crete, 14-17th June 2018. Round table: multidisciplinary management of primary and recurrent thyroid cancer. S Frangos, P Economides, VA Constantinides.
4. Endocrine Society of Cyprus meeting, 14th April 2018. Neck dissection in the treatment of differentiated thyroid cancer. VA Constantinides.
5. Regional Training Course on Management of Thyroid and Parathyroid Diseases, International Atomic Energy Agency & BOC Oncology Centre, 9-13th November, 2015. Thyroid and Parathyroid Surgery – an overview.
6. The 6th Biennial European Society of Endocrine Surgeons Congress, Cardiff, 15-17th May, 2014. Confocal endomicroscopy as a potential imaging tool to facilitate real-time tissue differentiation during parathyroid surgery. TP Chang, F Palazzo, R Flora, VA Constantinides, DJ Hadjiminias, DR Leff, A Darzi.
7. The Society of Academic & Research Surgery Meeting, Cambridge, 8-9th January, 2014. Imaging parathyroid glands using confocal endomicroscopy: towards real-time intraoperative identification of parathyroid adenoma. TP Chang, F Palazzo, R Flora, VA Constantinides, DJ Hadjiminias, DR Leff, A Darzi.
8. The British Association of Endocrine and Thyroid Surgeons Meeting, Rome, 9-11th October, 2013. Temporary post-thyroidectomy hypocalcaemia: not only due to loss of parathyroid function. I Christakis, VA Constantinides, K Nastos, N Tolley, FF Palazzo.
9. The British Association of Endocrine and Thyroid Surgeons Meeting, Cardiff, 11-12th November, 2012. Do flow volume loops alter surgical management in patients with a goitre? JL Stevens, VA Constantinides, J Todd, K Meeran, N Tolley, FF Palazzo.
10. The British Association of Endocrine and Thyroid Surgeons Meeting, Cardiff, 11-12th November, 2012. Retroperitoneoscopic versus laparoscopic adrenalectomy: a meta-analysis. VA

Constantinides, I Christakis, P Touska, FF Palazzo.

11. The 7th Hammersmith Hospital Endocrine Symposium, London, 7th of December 2012. Bilateral adrenalectomy as a day case? FF Palazzo, V Constantinides, K Meeran.
12. The 5th Biennial European Society of Endocrine Surgeons Congress, Goteborg, 24-26th May, 2012. Retroperitoneoscopic versus laparoscopic adrenalectomy: a meta-analysis. VA Constantinides, I Christakis, P Touska, FF Palazzo.
13. The Hammersmith Multidisciplinary Endocrine Symposium, London, 9th of December 2011. Right Retroperitoneoscopic Adrenalectomy for Pheochromocytoma following Partial Hepatectomy for metastatic Medullary Thyroid Cancer in MEN 2B.P Touska, VA Constantinides, FF Palazzo.
14. The American Society of Colon and Rectal Surgeons, Florida, 2nd – 5th May, 2009. Diagnostic accuracy of MRI in assessing tumour invasion within pelvic compartments in recurrent and locally advanced rectal cancer. P Georgiou, G Brown, VA Constantinides, A Antoniou, RJ Nicholls, PP Tekkis.
15. The Association of Surgeons of Great Britain and Ireland, Glasgow, 13th – 15th May, 2009. Predictive evaluation of the Surgical Risk Scale in patients undergoing general, vascular and paediatric surgical procedures. VA Constantinides, AC Gordon, SM Ali.
16. Advances in diverticular disease, Royal Society of Medicine, London, 23rd April, 2009. Options and outcomes from emergency surgery for diverticular peritonitis. VA Constantinides.
17. The Association of Coloproctology of Great Britain and Ireland, Gateshead, Newcastle, 3rd July-6th July 2006. Title: Comparison of POSSUM scoring systems and the Surgical Risk Scale in patients undergoing surgery for complicated diverticular disease. VA Constantinides, PP Tekkis, A Senapati.
18. The Association of Coloproctology of Great Britain and Ireland, Gateshead, Newcastle, 3rd July-6th July 2006. Title: Operative strategies for diverticular peritonitis – a decision analysis between primary resection and anastomosis versus Hartmann’s procedures. VA Constantinides, PP Tekkis, AG Heriot, FH Remzi, ADarzi, A Senapati.
19. The Tripartite Meeting, Dublin, Ireland, 5th-7th July 2005. Title: Surgical outcomes from the

treatment of complicated diverticular disease: building a model for the prediction of a non-restorative resection. VA Constantindes, PP Tekkis, A Senapati.

20. University College of London Hospitals “Grand Round”, 27th November 2004. Title: A Diagnostic Dilemma. VA Constantinides, L Christodoulou, M Gavalas.
21. Oxford Radcliffe Hospital “Surgical Grand Round”, 8th February 2008. Title: The sword is mightier than the drug. VA Constantinides, W Hameed, JM Gilbert, B Soin.

Poster presentations

1. 14th World Congress of Endoscopic Surgery, Paris, 25-28th June 2014. The learning curve for the catheterisation of the external jugular and the femoral vein in rats in obesity-related research. I Christakis, VA Constantinides, P Georgiou, T Tan, FF Palazzo, SB Bloom.
2. Federation of Infection Societies Meeting, Birmingham, 11-13th November, 2013. An ode to Kicuchi. Three cases in one year. L Williamson, A Robinson, J Hatcher, A Riddell, J Donovan, VA Constantinides, K Naresh, S Tiberi.
3. The British Association of Endocrine and Thyroid Surgeons Meeting, Rome, 9-11th October, 2013. Ethnicity, young age and Vitamin D deficiency do not predict multiple gland disease in primary hyperparathyroidism. VA Constantinides, I Christakis, C Halkias, N Tolley, FF Palazzo.
4. The Society of Endocrinology Meeting (BES), Harrogate, 18-21st March, 2013. Life threatening airway obstruction secondary to a large probable parathyroid cyst. K McCullough, VA Constantinides, M Badman, J Jackson, F Palazzo.
5. The 7th Hammersmith Hospital Endocrine Symposium, London, 7th of December 2012. Malignancy but not lymph node dissection or thyroid size predict inadvertent parathyroidectomy during thyroid surgery. I Christakis, VA Constantinides, N Tolley, FF Palazzo.
6. The British Association of Endocrine and Thyroid Surgeons Meeting, Cardiff, 11-12th November, 2012. Retroperitoneoscopic or laparoscopic adrenalectomy? VA Constantinides, P Touska, I Christakis, A Shepherd, K Meeran, FF Palazzo.
7. The British Association of Endocrine and Thyroid Surgeons Meeting, Cardiff, 11-12th November, 2012. Malignancy but not lymph node dissection or thyroid size predict inadvertent

- parathyroidectomy during thyroid surgery. I Christakis, VA Constantinides, N Tolley, FF Palazzo.
8. The 6th London Surgical Symposium, London, September 2012. Retroperitoneoscopic or laparoscopic adrenalectomy? VA Constantinides, P Touska, I Christakis, A Shepherd, K Meeran, FF Palazzo. **1st prize for poster presentation**
 9. The American Society of Colon and Rectal Surgeons, Minneapolis, May 15th – May 19th, 2010. Survival and metastatic patterns of signet cell and mucinous carcinoma versus adenocarcinoma of the colon and rectum. VA Constantinides, SM Ali, P Georgiou, RJ Nicholls, R Golding, PP Tekkis.
 10. The Association of Coloproctology of Great Britain and Ireland, Bournemouth, 28th – 30th June, 2010. Survival and metastatic patterns of signet cell and mucinous carcinoma versus adenocarcinoma of the colon and rectum. VA Constantinides, SM Ali, P Georgiou, RJ Nicholls, R Golding, PP Tekkis.
 11. The European Society of Coloproctology, Prague, 24th – 26th September, 2009. The role of staging laparoscopy and laparoscopic ultrasound in the pre-operative staging of patients with resectable colorectal liver metastases. VA Constantinides, D Hariharan, HM Kocher, PP Tekkis.
 12. The Association of Coloproctology of Great Britain and Ireland, Harrogate, 8th – 11th June, 2009. Diagnostic accuracy of MRI in assessing tumour invasion within pelvic compartments in recurrent and locally advanced rectal cancer. P Georgiou, G Brown, VA Constantinides, A Antoniou, RJ Nicholls, PP Tekkis.
 13. The American Society of Colon and Rectal Surgeons, Philadelphia, April 30th – May 5th, 2005. Title: Evaluation of surgical outcomes for the treatment of complicated diverticular disease – a prospective national study. VA Constantinides, PP Tekkis, A Senapati.
 14. The Society of American Gastrointestinal Endoscopic Surgeons, Dallas, Texas, April 26th – 29th, 2006. Title: Comparison of laparoscopic versus open ileocaecal resection for Crohn's Disease: a meta-analysis. HS Tilney, VA Constantinides, M Nicolaou, S Al-Hamood, AG Heriot, AW Darzi, PP Tekkis.
 15. The Society of American Gastrointestinal Endoscopic Surgeons, Dallas, Texas, April 26th – 29th, 2006. Title: Comparison of short-term outcomes of laparoscopic versus open approaches to ileal

pouch surgery: a meta-analysis. HS Tilney, RE Lovegrove, AG Heriot, S Purkayastha, VA Constantinides, A Darzi, VW Fazio, RJ Nicholls, NJ Mortensen, PP Tekkis.

16. The Association of Surgeons of Great Britain and Ireland, Edinburgh, May 3rd-May 6th, 2006. Title: Long-term Health related quality of life in patients undergoing single versus staged resection for complicated diverticular disease. VA Constantinides, HN Aydin, PP Tekkis, VW Fazio, AG Heriot, FH Remzi.
17. The American Society of Colon and Rectal Surgeons, Washington, June 3rd- June 7th, 2006. Title: Operative strategies for diverticular peritonitis – a decision analysis between primary resection and anastomosis versus Hartmann’s procedures. VA Constantinides, PP Tekkis, AG Heriot, FH Remzi, A Darzi, A Senapati.

Clinical Audit:

1. Hammersmith hospital. Guidelines for peri-operative care of renal dialysis patients undergoing parathyroidectomy, March 2014.
2. Hammersmith hospital. Audit of core surgical trainee understanding of causes and management of post-thyroidectomy hypocalcaemia, January 2014.
3. Hammersmith hospital. Audit of post-operative hypocalcaemia vs PTH for predicting need for calcium supplementation, March 2013.
4. Hammersmith Hospital. Audit of inadvertent parathyroidectomy during thyroidectomy operations, March 2012.
5. Hillingdon Hospital. Audit of operative outcomes using LOTUS ultrasonic shears in total thyroidectomy for thyrotoxicosis, February 2011.
6. Association of Coloproctology of Great Britain and Ireland. National Bowel Cancer Audit Project. Knowing your results, June 2005
7. University College London Hospitals. Adherence to Glasgow criteria in predicting severity of acute pancreatitis, November 2004

8. Whittington Hospital. Fluid replacement in ruptured abdominal aortic aneurysm, June 2004

Post-graduate Courses:

1. 4th European Transoral Thyroidectomy CadaverLab Dissection Course, Verona, Oct 2019.
2. Advanced Course in Minimally Invasive Endocrine Surgery, IRCAD, Strassburg, May 2016.
3. The Royal Marsden Thyroid Cancer Conference, Royal Marsden Hospital, June 2014.
4. Advanced Trauma Life Support, Chelsea and Westminster Hospital, March 2014.
5. National Training Course in Thyroid Ultrasound and FNAC, British Thyroid Association, November 2013.
6. Essentials of Medical Management & Leadership Course, Oxford Medical, September 2013
7. Whipps Cross Higher Surgical Training Course, Whipps Cross, January 2013
8. Training to train, Hammersmith Hospital, November 2011
9. Definitive Surgical Trauma Skills, RCS (Eng), November 2011
10. Identification of sentinel lymph node using microbubbles. Maidstone Hospital, March 2011
11. Thyroid and Parathyroid Masterclass, RCS(Eng), March 2011
12. Mastering Adverse Outcomes Masterclass, MPS, February 2011
13. Laparoscopic Extra Peritoneal (TEPP) Hernia Masterclass, MATTU, June 2010
14. Hepatopancreatobiliary training day, Kings College Hospital, May 2010
15. Emergency Ultrasound Course, Ipswich Hospital, February 2010
16. Specialist Registrar Skills in General Surgery, Wexham Park Hospital, November 2007
17. Core Skills in Laparoscopic Surgery, Royal College of Surgeons of England, October 2007
18. Laparoscopic Skills Virtual Training, St Mary's Hospital, April 2006.
19. Care of the Critically Ill Surgical Patients, St George's Hospital, June 2006.
20. Basic Surgical Skills Course, St Mary's Hospital, November 2005.
21. Advanced Trauma Life Support, University College Hospital, November 2004.
22. How to Evaluate Life Threatening Problems (HELP), Whittington Hospital, November 2003.

Education and Teaching:

1. **Faculty member and Clinical Professor**, University of Nicosia Medical School, 2015 onwards (Clinical Professor since July 2022).
2. **Faculty member**, Regional Training Course on Management of Thyroid and Parathyroid Diseases, International Atomic Energy Agency & BOC Oncology Centre, Cyprus, November 2015.
3. **Co-Author**, Acute Endocrine crises, E-learning for Healthcare initiative, Royal College of Surgeons of England, May 2014.
4. **Faculty member and examiner**, Mock OSCE for surgical finals, Hillingdon hospital, May 2010 – 2011.
5. **Faculty member**, Basic Surgical Skills for surgical trainees, Hammersmith hospital, December 2011.
6. **Faculty member**, Foundation in Stoma Care Course for Health Care Professionals. One-day teaching session on anatomy and physiology of the GI tract and operative procedures. The Hillingdon Hospital NHS Trust and Bucks New University, Hertfordshire, February and May 2010.
7. **Faculty member**, University of Kent, MSc in Surgical Sciences course for specialist registrars. One-day teaching session on Evidence-based medicine and meta-analytical techniques, Canterbury, January 2006.
8. **Invited reviewer** in the following journals:
 - BMJ Case Reports
 - International Journal of Surgery
 - Langenbeck's Archives of Surgery
 - Annals of Medicine and Surgery
 - British Journal of Surgery

Diseases of the Colon and Rectum
World Journal of Emergency Surgery
Frontiers of Medicine

Membership of societies:

European Society of Endocrine Surgeons (ESES)
Association of Surgeons of Great Britain & Ireland (ASGBI)
London Cancer Alliance Network (thyroid cancer)
Cyprus Medical Association
Hellenic Association of Endocrine Surgery

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